WHAT IS CLAIMED IS:

1. A superoxide scavenger comprising a composition extracted from a specific liquid, wherein said specific liquid is prepared by:

boiling a grain with a liquid to obtain a grain liquor;
cooling said obtained grain liquor;
adding a yeast into said cooled grain liquor;
leaving said grain liquor with said yeast while supplying oxygen thereto; and
sterilizing the resulting liquid by heating to obtain said specific liquid.

- 2. A superoxide scavenger as defined in claim 1, said grain is a bean.
- 3. A beverage containing a superoxide scavenger in which said superoxide scavenger comprising a composition extracted from a specific liquid, wherein said specific liquid is prepared by:

boiling a grain with a liquid to obtain a grain liquor;
cooling said obtained grain liquor;
adding a yeast into said cooled grain liquor;
leaving said grain liquor with said yeast while supplying oxygen thereto; and
sterilizing the resulting liquid by heating to obtain said specific liquid.

- 4. A superoxide scavenger as defined in claim 2, said grain is a bean.
- 5. A beverage containing a specific liquid prepared by: boiling a grain with a liquid to obtain a grain liquor;

cooling said obtained grain liquor;
adding a yeast into said cooled grain liquor;
leaving said grain liquor with said yeast while supplying oxygen thereto; and
sterilizing the resulting liquid by heating to obtain said specific liquid.

6. A superoxide scavenger as defined in claim 5, said grain is a bean.